

Please send this page to: Attn: Sue Syljebeck Siena Heights University 1247 E. Siena Hts. Dr. Adrian, MI 49221

Player Name: _____ Gender: _____ Age: _____ Position: _____ T-shirt size: _____

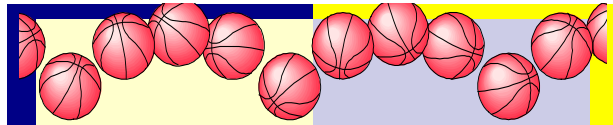
Address: _____ City: _____ St: _____ Zip: _____

Phone #: _____ Emergency Contact/Number: _____ Email: _____

Please check the box that applies:

- Saints Camp, July 10th - 12th (\$110) *For Girls and Boys
- Early Registration By: June 21st \$95
- Shooting Camp, July 13th & 14th (\$80) * For Girls and Boys
- Early registration By: June 21st \$65

Sue Syljebeck—Head Women's Basketball Coach
Siena Heights University
1247 E. Siena Heights Dr.
Adrian, MI 49221



SIENA HEIGHTS

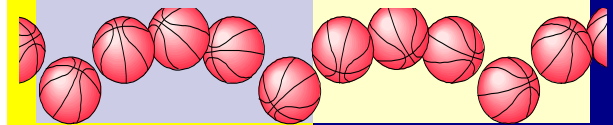
Summer 2017

Basketball Camps For Boys and Girls

Saints Camp:
July 10th-12th

Shooting Camp:
July 13th-14th

All camps will be located at:
Siena Heights University Field House
1247 E. Siena Heights. Dr.
Adrian, MI



What kind of camps are these?

Shooting Camp

This camp is great for players who need to improve on skills, or players who want to challenge themselves and learn new moves. This camp is for players who are looking to improve their offensive skill. Camps will be taught by both male and female coaches.

This camp is great for players who want improvement and are looking for that extra knowledge to get them there. Each camper will be taught the mechanics to shoot the right way. Shooters are made; not born We also teach the campers confidence. Confidence is a big part of the game. The campers will also learn about quickness in shooting, range, and accuracy.

Shooting Camp

When: July 13th & July 14th

Who: Girls and Boys going into 4th– 12th grade

Cost: \$80 commuter; early bird by June 21st = \$65

Receive: Basketball & T-shirt

This camp will feature instruction solely on shooting and proper footwork. We will also be using the shooting machine "THE GUN" to video and review their shot. Proper instruction is very important so we will have between 6-8 players per coach.

This camp will also feature shooting instruction solely on each players specific position: point guard, shooting guard, small forward, power forward, or center. They will be instructed by collegiate players and coaches that work with each specified position.

Schedule— 4 sessions (campers can leave or stay during break):

July 13th

Session 1: 9-12

Session 2: 1:30-4:00

Lunch break from 12:00-1:30

July 14th

Session 1: 9-12

Session 2: 1:30-4:00

Lunch break from 12:00-1:30



Saints Camp

**More Personal Attention
And More Individual Work**

When: July 10th-12th

Who: Girls and Boys 1st - 12th grade

Time: 9:00am to 4:00pm

Cost: \$110; early bird by June 21st = \$95 (save \$15)

*Only one discount can apply

Receive: T-shirt and a Basketball

Example of Daily Schedule

9:00	Stretching	1:00	Game Room
9:20	Ball Handling	1:30	Stretch
9:55	Relays	1:50	Layups
10:05	Triple Threat	2:10	Layup contest
10:30	Shooting	2:25	Def. Rebounding
11:00	Shooting Contest	2:40	Hot Shot
11:10	Cutting/ Passing	3:00	3 on 3 Play
12:00	Lunch	3:30	Bowling Bball

Campers will be taught or will review fundamentals of basketball. Our goal is for these players to feel comfortable and confident playing the game of basketball. There will be a maximum of 8 campers per coach. This camp will include small group instruction taught by men and women Saints players and coaches. It will include games and competitions for all participants.



Head Coach Sue Syljebeck finished her thirteenth season as the Saints Head Coach. She is the winningest women's basketball coach in SHU history. Since Coach Syljebeck has come to Siena they have secured the top seven spots for most wins in SHU record books. She has

lead her team to five 20 win seasons, while leading her team to the NAIA National Tournament four of those five seasons. The 2014 season was a remarkable feat for the #16 nationally ranked Saints who reached the sweet 16 in the NAIA National Tournament for the first time in school history. She has spent her previous coaching career at NCAA Division I Nicholls State University in Thibodaux, Louisiana, Southern Illinois University in Carbondale, IL, and played at the University of New Orleans.

In her thirteen years at Siena Heights, Coach Syljebeck has had fourteen Wolverine Hoosier Athletic All-Conference players and has placed three freshmen on the All-Newcomer Team. Former player, Laura Panozzo, a 5'10" forward from Berkely High School, became the only male or female in SHU history to score 1,700 points and collect 1,000 rebounds .

She brings Division I expectations and intensity to a smaller school setting. She has a great personality and knows how to teach the game. Whether your dream is to play at a big university, small university, or make your high school or junior high team, Coach Syljebeck knows the keys to success to make it to the top!

Questions or More Information
Contact:

Coach Sue Syljebeck:
(517)264-7871
Ssyljebe@sienaheights.edu

Please send check and form to:
Siena Heights University
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